



THE MILLENNIUM COHORT STUDY
PROTECTING SERVICE MEMBER HEALTH

WWW.MILLENNIUMCOHORT.ORG

SUMMER NEWSLETTER 2015

Through our *Experiences* and *Dedication*
we are committed to helping
protect service member health

PLEASE KEEP US UPDATED

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Never in history has such a large group of Active-Duty, Reservists, Guardsmen and Veterans, from all Service branches, been included in a health study of this magnitude.

Whether you have been a member of this study for over 10 years, or if you are new to the study, your participation is extremely valuable for improving the quality of life for future service members. By participating in a study designed to last more than 20 years, you are contributing to an important effort to improve the health and well-being of fellow service members and Veterans.

This newsletter is intended to bring some of the exciting aspects of this study into clear view. We hope you take pride in being a part of this important research study which will provide military leadership with a comprehensive picture of our most valuable asset; you.

Very sincerely,

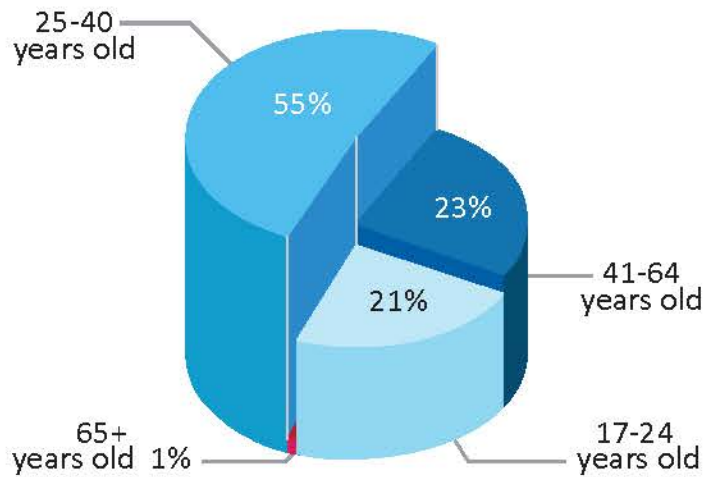
David D. Luxton
Principal Investigator and Military Veteran

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Questions? Please feel free to contact us at our toll-free number, 1-888-942-5222 or DSN 553-7465 or email info@millenniumcohort.org.

A SNAPSHOT OF THE MILLENNIUM COHORT STUDY

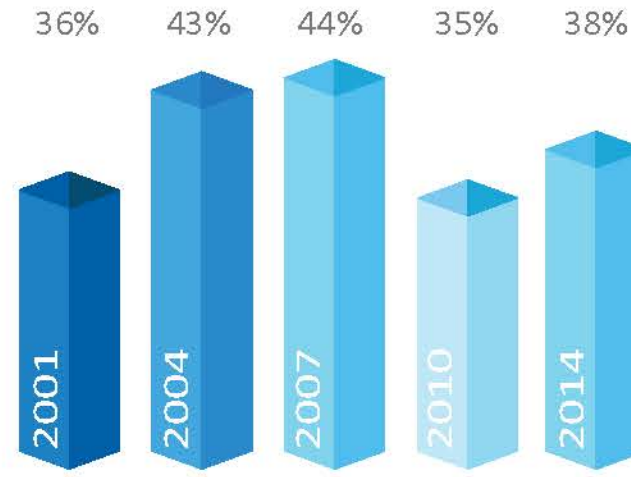
AGE OF THE COHORT



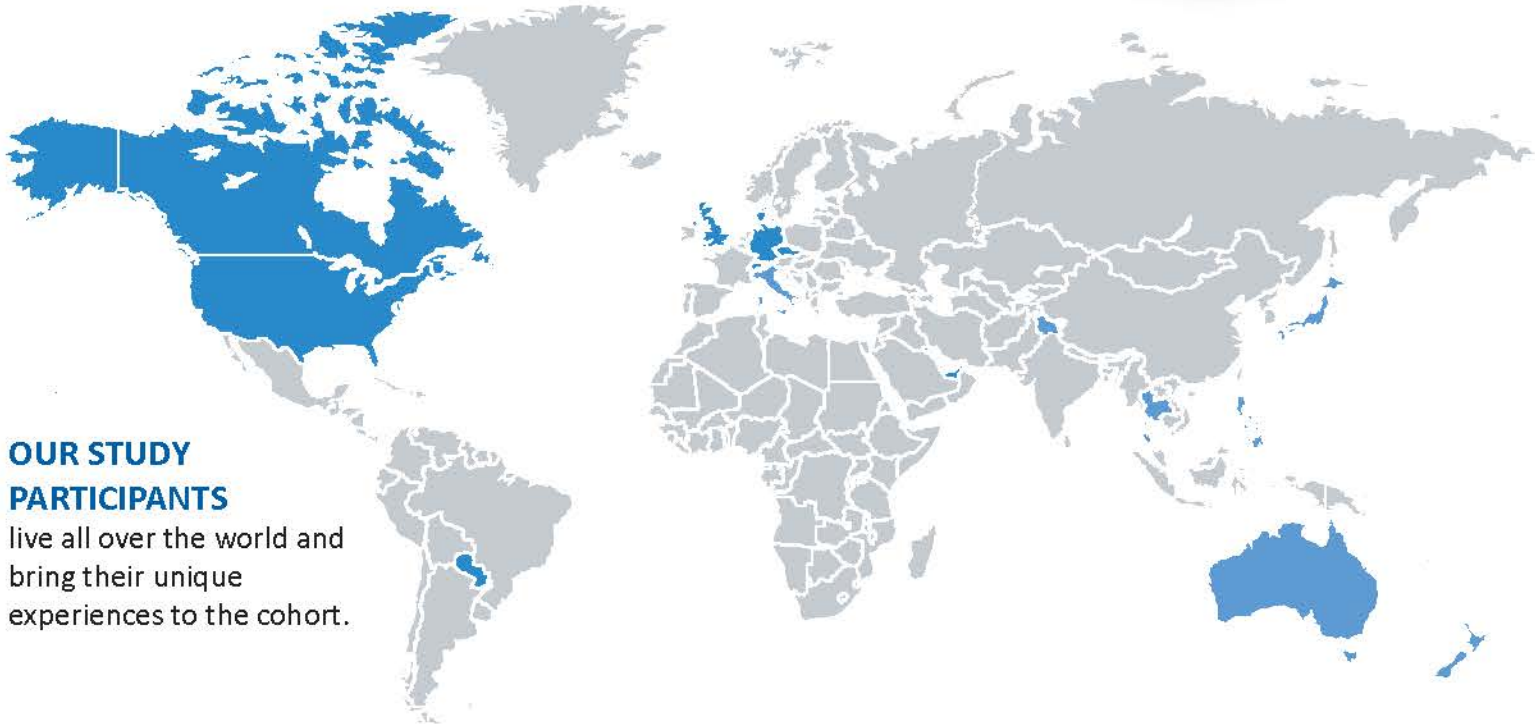
EDUCATION LEVEL



COHORT RESPONSE RATE

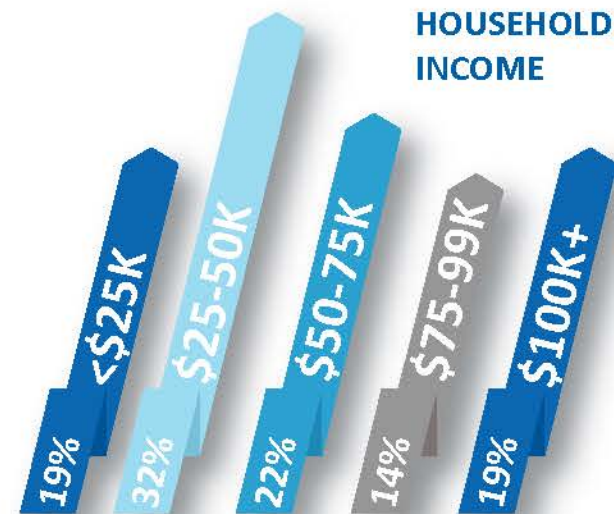


47% OF ELIGIBLE PARTICIPANTS RECEIVE DISABILITY FROM THE VA

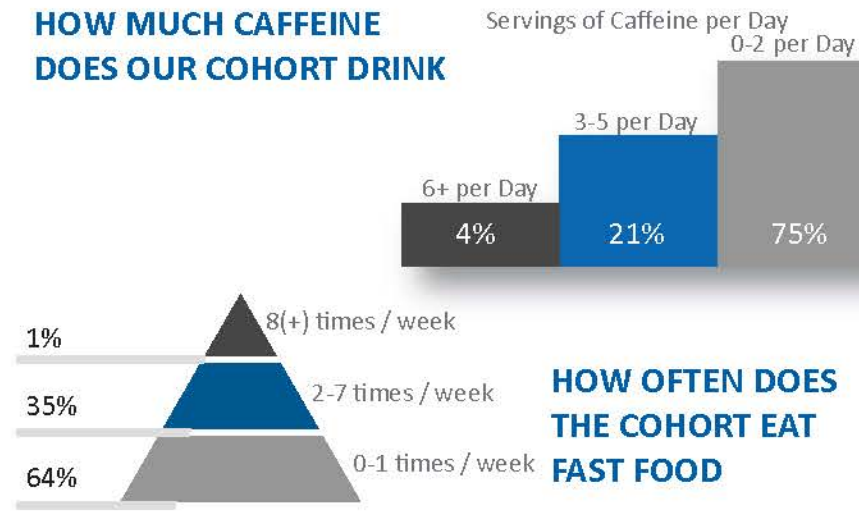


OUR STUDY PARTICIPANTS live all over the world and bring their unique experiences to the cohort.

HOUSEHOLD INCOME



HOW MUCH CAFFEINE DOES OUR COHORT DRINK

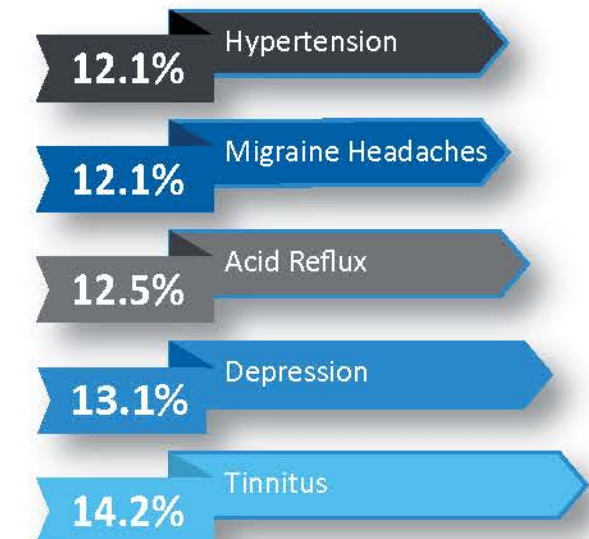


HOW OFTEN DOES THE COHORT EAT FAST FOOD

WHY SHOULD YOU CONTINUE TO PARTICIPATE?

The purpose of this study is to assess the health risks of military deployment, military occupations, and general military service. You were selected to represent your fellow soldiers, sailors, airmen, and Marines, and your continued participation positively impacts former, current and future Service members. Ultimately, the greatest benefits of this study will not be known for many years. This is why it is essential to stay involved with the study even after you are out of the service.

MOST COMMON HEALTH ISSUES



25% of our participants CURRENTLY smoke



60% of those that have EVER smoked in their lifetime have successfully quit

GENDER

